

Remove Skin Tags Naturally

Although skin tags are generally harmless (benign tumors), they can be annoying. Luckily, there are several easy ways to remove them naturally. Some people use fast methods for removing skin tags using duct tape or harsh chemicals like nail polish. These techniques may work but can be painful, especially if the skin tag is on a sensitive area like the face. Although they take a little more time and consistency, there are a few ways to remove skin tags naturally, without using potentially harmful ingredients.



Tea Tree Oil



Tea tree oil is a powerful oil that can be used on a variety of skin ailments, including skin tags. Simply rub a little oil onto your skin tag two times each day. With regular application, the skin tag should fall off on its own within 1-3 weeks.

Apple Cider Vinegar



Apple cider vinegar can be used to remove skin tags and is very inexpensive. Apply some vinegar directly to the skin tag. You may wish to soak a cotton ball in the vinegar to make application easier. Press the vinegar soaked cotton ball against the skin tag for 10 to 15 minutes, 2 to 3 times a day. This method may sting, but it works. Your skin tag should be gone in 2-4 weeks.

Castor Oil

Castor oil has a variety of uses. When combined with baking soda, castor oil can be used to remove skin tags. Simply mix the oil and baking soda into a paste. Apply the paste to the skin tag and rub it in. Do this twice a day and within two weeks, the skin tag should fall off.

Skin tags are usually harmless, but they can be embarrassing. If you have a skin tag, try one of these simple home remedies to treat the annoyance.

As with all medical conditions, if in doubt, visit your dermatologist.



References

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