

Adv patho ch 9 guide

Anatomy & Physiology of the GI Tract:

The gastrointestinal tract (GIT) is a continuous tube from the mouth to the anus responsible for breaking down food, absorbing nutrients, and eliminating waste. It includes various organs such as the stomach, intestines, liver, and pancreas, working together to digest food, absorb essential nutrients, and expel non-digestible materials. Its primary functions are digestion, nutrient absorption, and waste elimination.

Four Layers of the GI Tract Walls:

1. **Mucosa** → innermost layer → secretes mucus & digestive enzymes → absorbs nutrients.
2. **Submucosa** → contains blood vessels, nerves, and glands → nourishes mucosa & carries absorbed nutrients.
3. **Muscularis** → muscle layer → performs peristalsis (muscle contractions) → moves food through the digestive tract.
4. **Serosa** → outer layer → protects the GI tract → secretes fluid to reduce friction between organs.

Upper GI Tract:

- **Mouth** → breaks down food mechanically (chewing) & chemically (saliva).
- **Pharynx** → connects mouth to esophagus → swallowing starts here.
- **Esophagus** → transports food from pharynx to stomach → uses peristalsis.
- **Stomach** → stores & mixes food → secretes gastric juices (acid, enzymes) to digest proteins → turns food into chyme.

Lower GI Tract:

- **Small Intestine** → divided into 3 sections:
 - **Duodenum** → receives chyme from stomach & digestive enzymes from pancreas/bile from liver → main site of chemical digestion.
 - **Jejunum** → absorbs nutrients & water.
 - **Ileum** → absorbs remaining nutrients (B12, bile salts).

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Lingjun Ying



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