



Managing Your Drug or Alcohol Problem: Therapist Guide

Daley, Dennis C.

Note: This is not the actual book cover

Managing Your Drug Or Alcohol Problem Therapist Guide

Chris E. Stout, John Levitt



Managing Your Drug Or Alcohol Problem Therapist Guide:

Managing Your Drug Or Alcohol Problem Dennis C. Daley,G. Alan Marlatt,1997 Section 1 Overview of Substance Use Problems and Self Assessment Chapter 1 Introduction and Plan for Workbook Chapter 2 Recognizing Your Substance Use Problem Chapter 3 Recognizing Consequences of Your Substance Use Section 2 Change Issues and Strategies Chapter 4 Treatment Settings for Substance Use Problems Chapter 5 Stages of Change Ch 6 How to Use Therapy or Counseling Ch 7 Overview of Goal Planning Ch 8 Managing Cravings and Urges to Use Substances Ch 9 Managing Thoughts of Using Substances Ch 9 Dealing With Upsetting Emotions Ch 11 Refusing Offers to Use Substances Ch 12 Dealing With Family and Interpersonal Problems Ch 13 Building a Recovery Support System Ch 14 Self Help Programs and Recovery Clubs Ch 15 Medications for Substance Use Problems Section 3 Relapse Prevention and Progress Measurement Ch 16 Relapse Prevention Reducing the Risk of Relapse Ch 17 Relapse Management Ch 18 Strategies for Balanced Living Ch 19 Measuring Your Progress

Principles of Addiction Medicine Richard K. Ries,Shannon C. Miller,David A. Fiellin,2009 This respected text from the American Society of Addiction Medicine is valuable for all physicians and mental health personnel who specialize in addiction medicine and who treat patients with addiction disorders The chapters blend scientific principles underlying addiction with the practical essentials of clinical addiction medicine Many of the contributors are affiliated with leading government agencies that study addiction and its science such as the National Institute on Alcohol Abuse and Alcoholism and the National Institute on Drug Abuse The book will appeal to a wide and interdisciplinary range of professionals especially those with interest or duties relating to addiction related disorders and in particular physicians seeking certification status via either the American Board of Addiction Medicine or the American Board of Psychiatry and Neurology A companion Website will offer the fully searchable text

[Managing Your Drug Or Alcohol Problem](#) Dennis C. Daley,G. Alan Marlatt,1997-01-01

Overcoming Your Alcohol or Drug Problem Dennis C. Daley,G. Alan Marlatt,2006-06-15 A substance use problem exists when one experiences any type of difficulty related to using alcohol tobacco or other drugs including illicit street drugs or prescribed drugs such as painkillers or tranquilizers The difficulty can be in any area of life medical or physical psychological family interpersonal social academic occupational legal financial or spiritual This expanded new edition of the successful Graywind Publications title provides the reader with practical information and skills to help them understand and change a drug or alcohol problem Designed to be used in conjunction with therapy or counseling it focuses on special issues involved in stopping substance use and in changing behaviors or aspects of one s lifestyle that keep the substance use problem active The information presented is derived from a wealth of research studies and discusses the most effective recovery strategies from the examination of cognitive behavioral treatment TreatmentsThatWork™ represents the gold standard of behavioral healthcare interventions All programs have been rigorously tested in clinical trials and are backed by years of research A prestigious scientific advisory board led by series Editor In Chief David H Barlow reviews and

evaluates each intervention to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date Our books are reliable and effective and make it easy for you to provide your clients with the best care available Our corresponding workbooks contain psychoeducational information forms and worksheets and homework assignments to keep clients engaged and motivated A companion website www.oup.com/us/ttw offers downloadable clinical tools and helpful resources Continuing Education CE Credits are now available on select titles in collaboration with PsychoEducational Resources Inc PER

Substance Abuse: Administrative Issues in Outpatient Treatment (TIP 46) U.S. Department of Health and Human Services,2019-11-23 The primary audience for this TIP is administrators of outpatient substance abuse treatment programs A few words about this audience are in order Whereas TIP 8 addressed intensive outpatient treatment the current TIP drops the word intensive from its title because the consensus panel hopes that this TIP will find an audience beyond administrators of IOT programs Most of the concepts and guidelines included in this TIP apply to the administration of all substance abuse outpatient treatment OT programs On those rare occasions when information applies only to IOT programs the authors have been sure to make this clear Although the term administrator is used most often to describe the audience for this book the terms executive and director appear as well and are used interchangeably with administrator These overlapping terms emphasize the varied roles and responsibilities that administrators assume

Substance Abuse Robert F. Forman,2006 *Learning the Language of Addiction Counseling* Geri Miller,2014-09-09 FULLY REVISED COMPREHENSIVE AND PRACTICAL Learning the Language of Addiction Counseling Fourth Edition introduces counselors social workers and students to the field of addiction counseling and helps them acquire the knowledge and develop the skills needed to counsel individuals who are caught in the destructive cycle of addiction Drawing from her years of experience working in the addiction counseling field Geri Miller provides an engaging balanced overview of the major theoretical foundations and clinical best practices in the field Fully updated the Fourth Edition offers a positive practice oriented counseling framework and features A research based clinical application approach to addiction counseling that practitioners can turn to for fundamental practical clinical guidelines Revised chapters that reflect important changes in research and practice including new DSM5 criteria new assessment instruments and new and expanded treatments Case studies interactive exercises end of chapter questions and other resources that facilitate the integration of knowledge into practice Personal Reflections sections at the beginning of each chapter provide an invaluable unique perspective on the author s evolving views of addiction counseling Updated and expanded online Instructor s Manual that includes brief video clips PowerPoint slides test bank questions for each chapter and sample syllabi From assessment and diagnosis of addiction to preparing for certification and licensure as an addiction professional this comprehensive book covers all of the essentials

Behavioral Couples Therapy for Alcoholism and Drug Abuse Timothy J. O'Farrell,William Fals-Stewart,2012-03-12 This eminently practical guide presents an empirically supported approach for treating people with

substance abuse problems and their spouses or domestic partners Behavioral couples therapy BCT explicitly focuses on both substance use and relationship issues and is readily compatible with 12 step approaches In a convenient large size format the book provides all the materials needed to introduce BCT implement a recovery contract to support abstinence work with clients to increase positive activities improve communication and reduce relapse risks and deal with special treatment challenges Appendices include a session by session treatment manual and 70 reproducible checklists forms and client education posters

Subject Guide to Books in Print, 2001 The Evidence-based Social Work Skills Book Barry Cournoyer, 2004 During the 21st Century social workers will increasingly use evidence based knowledge to plan implement and evaluate the quality of their own professional activities This book explores the skills needed for evidence based social work EBSW This book emphasizes the importance of applied practice critical thinking and self directed lifelong learning Readers will learn the fundamentals of the EBSW skills practice them to establish beginning proficiency and then apply them to a target client group of their choosing Social workers and anyone interested in practicing evidence based social work

Sober for Good Anne M. Fletcher, 2001 A bestselling health writer the acclaimed author of *Thin for Life* presents a groundbreaking reevaluation of problem drinking and the many ways in which people recover 288 p Radio drive time tour

Overcoming Your Alcohol or Drug Problem Dennis C. Daley, G. Alan Marlatt, 2006-06-15 This expanded edition of the successful Graywind title *Managing Your Drug and Alcohol Problem Therapist Guide* provides an evidence based treatment protocol for all types of substance use disorders Designed to accompany the *Managing Your Addictive Behavior Workbook* Second Edition this guide provides clinicians with valuable strategies for working with substance use disorders by focusing on specific issues involved in both stopping substance abuse and changing behaviors or lifestyle aspects that contribute to continued substance abuse In addition to addressing professional approaches attitudes toward the substance abusing client assessment psychosocial and pharmacotherapeutic treatment and self help programs this expanded edition also includes a new chapter on the management of a co occurring psychiatric disorder *TreatmentsThatWork™* represents the gold standard of behavioral healthcare interventions BL All programs have been rigorously tested in clinical trials and are backed by years of research BL A prestigious scientific advisory board led by series Editor In Chief David H Barlow reviews and evaluates each intervention to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date BL Our books are reliable and effective and make it easy for you to provide your clients with the best care available BL Our corresponding workbooks contain psychoeducational information forms and worksheets and homework assignments to keep clients engaged and motivated BL A companion website www.oup.com/us/ttw offers downloadable clinical tools and helpful resources BL Continuing Education CE Credits are now available on select titles in collaboration with PsychoEducational Resources Inc PER *Managing Your Drug Or Alcohol Problem* Dennis C. Daley, G. Alan Marlatt, 1999-03-01 **Canadian Medical Association New Guide to Prescription and**

Over-The-Counter Drugs Mark S. Berner, Canadian Medical Association, Gerald N. Rotenberg, Reader's Digest Association (Canada), 1996 Ce guide a t pr par dans le but de fournir des renseignements pr cis et des conseils pratiques qui soient la port e de tous Le texte se fonde sur les connaissances et les pratiques m dicales en cours au Canada et se veut un compl ment utile aux conseils que vous donne le m decin Le guide aborde la description des m dicaments l index de ceux ci les principaux groupes touchant les diff rents syst mes de l organismes et les groupes de maladie les fiches techniques des m dicaments ainsi que le vocabulaire et les index de renvois *Guide to Prescription and Over-the-counter Drugs* Canadian Medical Association, Reader's Digest Association (Canada), 1990

Study Guide to Accompany Nursing Management in Drug Therapy Diane S. Aschenbrenner, Samantha Venable, 1998-10

Social Work Stanley L. Witkin, 2004 594 599

Pharmaceutical Care Practice: The Patient-Centered Approach to Medication Management, Third Edition Robert J. Cipolle, Linda M. Strand, Peter C. Morley, 2012-04-22 Pharmaceutical Care Practice 3e provides the basic information necessary to establish support deliver and maintain medication management services This trusted text explains how a practitioner delivers pharmaceutical care services and provides a vision of how these services fit into the evolving healthcare structure Whether you are a student or a practicing pharmacist seeking to improve your patient care skills Pharmaceutical Care Practice 3e provides the step by step implementation strategies necessary to practice in this patient centered environment This practical guide to providing pharmaceutical care helps you to Understand your growing role in drug therapy assessment and delivery Learn an effective process for applying your pharmacotherapeutic knowledge to identify and prevent or resolve drug therapy problems Establish a strong therapeutic relationship with your patients Optimize your patients well being by achieving therapeutic goals Improve your follow up evaluation abilities Documents your pharmaceutical care and obtain reimbursement Work collaboratively with other patient care providers The patient centered approach advocated by the authors combined with an orderly logical rational decision making process assessing the indication effectiveness safety and convenience of all patient drug therapies will have a measurable positive impact on the outcomes of drug therapy *Therapy manuals for drug addiction* Alan J. Budney, 1998

Handbook for Assessing and Treating Addictive Disorders Chris E. Stout, John Levitt, 1992-06-16 1 behavioral systems approach 2 family systems approach 3 psychoanalytic approach to addictive disorders 4 assessment of substance abuse an integrated approach 5 diagnosing alcoholism toward a multisource approach 6 assessment of eating disorders 7 smoking modifications research and clinical application 8 treatment of alcohol and drug abuse 9 multifaceted treatment of patient with severe eating disorders 10 native americans and substance abuse 11 the elderly and alcohol and medication abuse 12 addiction and traumatic brain injury 13 etiology and treatment of adult children of alcoholics 14 substance abuse and teenagers a review 15 contertransference in the treatment of addictive disorders 16 supervision of substance abuse counselors 17 clinical supervision of substance abuse therapy

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