



DEPRESSION VS. MANIC DEPRESSION

Depression

Don't experience manic "high" episodes

Tend to experience ongoing low moods and suffer from extreme sadness, loss of motivation and low energy for a period of time, normally not interrupted by common symptoms of mania

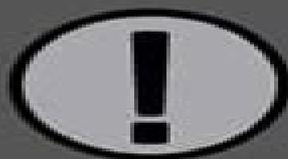
More common, affecting 6%–7% of the U.S. population

Manic Depression

Experience manic high episodes.

Extreme happiness/excitement, hallucinating and becoming overly energized occur

Less common, affecting about 2.6% of U.S. adult population



Irritability



Aggression



Suicidal thoughts



Changes in body sensations, sleep and appetite

Manic Depression

Nisha Patel



Manic Depression:

Surviving Manic Depression E Fuller Torrey, Michael B Knable, 2009-03-05 *Surviving Manic Depression* is the most authoritative book on this disorder which affects more than two million people in the U S alone Based on the latest research it provides detailed coverage of every aspect of manic depression from understanding its causes and treatments to choosing doctors and managing relapses with guidance drawn from the latest scientific information Drs Torrey and Knable provide thorough up to date coverage of all aspects of the disease including a detailed description of symptoms with many direct descriptions from patients themselves risk factors onset and cause medications including drugs still in the testing stage psychotherapy and rehabilitation as well as information about how the disease affects children and adolescents Here too are discussions of special problems related to manic depression including alcohol and drug abuse violent behavior medication noncompliance suicide sex AIDS and confidentiality *Surviving Manic Depression* also includes special features such as a listing of selected websites books videotapes and other resources

Orange Coast Magazine ,1989-08 *Orange Coast Magazine* is the oldest continuously published lifestyle magazine in the region bringing together Orange County s most affluent coastal communities through smart fun and timely editorial content as well as compelling photographs and design Each issue features an award winning blend of celebrity and newsmaker profiles service journalism and authoritative articles on dining fashion home design and travel As Orange County s only paid subscription lifestyle magazine with circulation figures guaranteed by the Audit Bureau of Circulation *Orange Coast* is the definitive guidebook into the county s luxe lifestyle

A Fate Worse Than Death Nisha Patel, 2024-04-02 Poems that interrogate the complexities of disability based on the author s evaluation of her own medical records *A Fate Worse Than Death* is a stunning poetic investigation of the worthiness of disabled life as told through the author s evaluation of her own medical records over the course of a decade Living with treatment resistant diabetes bipolar disorder generalized anxiety disorder and complex chronic pain Nisha Patel reveals how her multiple disabilities intertwine with her day to day life even when care and treatments are not available As she works through bouts of illness neglect and care Patel reveals how poetry provides her a way to resist the sway of medical hegemony and instead offer complex accounts of pain sickness and anger but also love Navigating the menial and capitalist systems of health care and paperwork documentation and forms Patel uses clinical texts in visual poems that show how words like patient and client underscore medical access and denial of coverage more than words like person and care Patel asks us to consider if her life is worth living and saving The future of her disabled body and her desire for it is a building meditation as the collection progresses ending not so much with a finite ending of cured illness and disease than with a look at how we can embody hope and joy in a disabled body as it is the body that like time goes on This publication meets the EPUB Accessibility requirements and it also meets the Web Content Accessibility Guidelines WCAG AA It is screen reader friendly and is accessible to persons with disabilities A book with many images which is defined with accessible structural markup This book

contains various accessibility features such as alternative text for images table of contents page list landmark reading order and semantic structure

Bipolar Disorder Demystified Lana R. Castle,2003-01 Offers a guide to the nature of bipolar disorder discussing symptoms treatment and the factors that complicate its diagnosis

The Bipolar Handbook Wes Burgess,2006-06-08 For Dr Wes Burgess the diagnosis of bipolar disorder means hope hope for the estimated ten million people who will develop the disorder during their lifetimes and hope for the families and friends of people who suffer from it Drawing upon the real questions asked by patients and families during his nearly twenty years as a bipolar specialist The Bipolar Handbook comprehensively tackles every area of the disorder from its causes to medical treatment and psychotherapy to strategies for creating a healthy lifestyle to the prevention of coping with and treatment of bipolar episodes From the more than five hundred questions and answers you ll learn what to expect when pursuing a diagnosis how to choose the right doctor or specialist how to get the disorder under control what treatments and medication protocols are best for you how to reduce stress to prevent manic and depressive episodes what family members and friends can do to support you and more Dr Burgess also addresses unique lifestyle concerns facing bipolar individuals Special chapters on practical strategies for career success building healthy relationships issues that specifically affect bipolar women and coping techniques for families and friends further explore the impact of the disorder on daily life The Bipolar Handbook s easy to access format and full chapter of resources as well as diagnostic criteria from the American Psychiatric Association and the National Institute for Mental Health make this a versatile guide perfect for quick reference and in depth discovery

Jump the Kennebec Paul Kalkstein,2003-11 Why do people jump from bridges The hero of Jump the Kennebec a young teacher named Jeremy Fischer confronts this question as he gradually wakes to the horrible realization that his family history of mental illness has begun to show in him His increasingly bizarre behavior at a small prep school in Maine peaks in a wild trip to New Orleans that leaves him in a mental hospital The novel explores the depressive and manic sides of bipolar disorder climaxing in a trip to the top of the bridge from which Jeremy s aunt had leaped to her death many years ago

The Bipolar Express David Coleman,2014-07-08 In the past few decades awareness of bipolar disorder has significantly increased but understanding of the condition remains vague for most of the general public Though the term itself is relatively recent the condition has affected individuals for centuries and no more profoundly than in the arts The historical connections among manic depression and such fields as literature music and painting have been previously documented However the impact of bipolar disorder on movie makers and its depiction on the screen has yet to be thoroughly examined In The Bipolar Express Manic Depression and the Movies David Coleman provides an in depth examination of the entwined natures of mood disorders and moviemaking In this volume Coleman looks at the writers directors and actors who have faced the mood swings and behavior that are hallmarks of this condition from Greta Garbo and Orson Welles to Marilyn Monroe and Jonathan Winters In addition to recognizing the cinematic contributions of manic depressive filmmakers the author also looks at

movies that have portrayed bipolar disorder with varying degrees of accuracy including Citizen Kane Rebel without a Cause Breakfast at Tiffany's Hannah and Her Sisters The Aviator and Silver Linings Playbook From early silents of the twentieth century through critically acclaimed films of today this book compares depictions of mood swings on screen with clinical examples of actual manic depression carefully distinguishing real from stereotypical portrayals This fascinating study is augmented by a concise filmography of more than 400 feature length films from around the world with themes or characters relating to manic depressive illness Though aimed at film fans and anyone interested in manic depression mental illness or related medical studies this book will also prove valuable to medical and mental health professionals

Bipolar Expeditions Emily Martin,2009-02-08 Bipolar Expeditions is an ethnographic inquiry into mania and depression in their American cultural and historical contexts The text explores the complex darkness and stigma associated with those deemed mad

My Bipolar Life Jane S,2017-11-26 THE CHALLENGE OF LIVING LIFE AS BOTH A BIPOLAR AND AN ALCOHOLIC Jane S is one of the 60 percent or more of manic depressives persons severely bipolar who are also alcoholics Her bipolar life story covers forty seven years of sobriety and forty five years on lithium therapy how her illnesses have interacted and particularly how much of the shape of her life and her achievement of her life's goals including for the last forty seven years sobriety has been shaped by her bipolarity This book is important reading for those dealing with manic depression either in those close to them or in themselves and even more for those who suffer from both of Jane's diseases Her memories include literally the good paying cash down for her first Mustang though that was because she didn't know how to work a bank account the bad the sailboat she was on being boarded by the Coast Guard off Maryland and the ugly hearing her head being dribbled like a basketball outside her side room in the hospital and the very good the white light dream that began her recovery from alcoholism She is believed to have been on lithium therapy for her condition longer than anyone else in the United States

Manic Depression and Creativity D. Jablow Hershman,2010-10-05 From Plato who originated the idea of inspired mania to Beethoven Dickens Newton Van Gogh and today's popular creative artists and scientists who've battled manic depression this intriguing work examines creativity and madness in mystery myth and history

Riding the Windhorse Robert S. Corrington,2003 That creativity and the quest for wholeness can support the erratic flight of the windhorse of manic depression BOOK JACKET

Manic Depression Lichtenstein Creative Media,1992-10 The first major documentary to feature those with manic depressive illness telling their own stories in their own words It features nine people with the illness including a fortune 500 executive a nurse a therapist Patty Duke herself describing their efforts to stabilize the disorder's effect on their lives Also features leading mental health experts advocates Winner of eight broadcasting mental health awards Includes transcript educational material written in conjunction with the National Institute of Mental Health

The Complete Overcoming Series Peter Cooper,2012-11-01 The complete set of self help guides from the popular Overcoming series Each guide is based on Cognitive Behavioral Therapy CBT an evidence based therapy which is

recommended by the NHS for the treatment of a large number of psychological difficulties Each guide comprises a step by step self help programme based on CBT and contains Useful information about the disorder Practical strategies and techniques based on CBT Advice on how to keep recovery going Further resources The Complete Overcoming Series contains 31 titles Overcoming Anger and Irritability Overcoming Anorexia Nervosa Overcoming Anxiety Overcoming Body Image Problems including Body Dysmorphic Disorder Overcoming Bulimia Nervosa and Binge Eating Overcoming Childhood Trauma Overcoming Chronic Fatigue Overcoming Chronic Pain Overcoming Compulsive Gambling Overcoming Depersonalization Feelings of Unreality Overcoming Depression Overcoming Grief Overcoming Health Anxiety Overcoming Insomnia and Sleep Problems Overcoming Low Self Esteem Overcoming Mood Swings Overcoming Obsessive Compulsive Disorder Overcoming Panic and Agoraphobia Overcoming Paranoid and Suspicious Thoughts Overcoming Perfectionism Overcoming Problem Drinking Overcoming Relationship Problems Overcoming Sexual Problems Overcoming Social Anxiety and Shyness Overcoming Stress Overcoming Traumatic Stress Overcoming Weight Problems Overcoming Worry Overcoming Your Child s Fears Worries Overcoming Your Child s Shyness and Social Anxiety Overcoming You Smoking Habit **Bipolar Disorder** Kostas N. Fountoulakis,2014-12-02 This book examines in detail the diagnostic approach to manic depressive bipolar illness with special reference to the borderline zones with unipolar depression and schizoaffective disorder Among other diagnostic issues considered are mixed episodes often misdiagnosed by psychiatrists rapid cycling and the confusion with personality disorders Within the context of diagnosis and understanding of the dynamics of bipolar disorder temperament character and personality are all extensively discussed Neurocognitive deficit and disability are covered as are elements of evolutionary biology and behavior With regard to treatment the major focus is on evidence based therapy with reference to the results of randomized controlled trials and meta analyses in addition contemporary guidelines and future trends are examined Careful consideration is also given to the psychosocial treatment approach and issues relating to societal and economic costs and burdens **Managing Crisis and Risk in Mental Health Nursing** Tony Ryan,1999 The book deals with situations which are handled by mental health nurses on a daily basis and offers commentary and strategic help in crisis and risk management Individual chapters address the particular issues faced in dealing with patients and clients with the most prevalent problems of mental health **A Lifelong Journey (EasyRead Large Bold Edition)** Sarah Russell,2005 This book provides important information regarding diagnosis the therapist acceptance drugs complementary therapies life changes choices support professional therapy and most importantly a well thought out Stay Well Plan **Manic-depressive insanity and paranoia** Emil Kraepelin,1921 **Manic-Depressive Illness** Frederick K. Goodwin,Kay Redfield Jamison,2007-03-22 This long awaited second edition of Manic Depressive Illness will exhaustively review the biological and genetic literature that has dominated the field in recent years and incorporate cutting edge research conducted since publication of the first edition Drs Frederick Goodwin and Kay Redfield Jamison have updated their surveys of psychological

and epidemiological evidence as well as that pertaining to diagnostic issues course and outcome and they offer practical guidelines for differential diagnosis and clinical management This book will be a valuable addition to the libraries of psychiatrists and other physicians psychologists clinical social workers neuroscientists pharmacologists and the patients and families who live with manic depressive illness *Treatment Over the Lifespan in Bipolar Disorder* Andreas Reif, Dina Popovic, Janusz K. Rybakowski, 2023-08-22 Antonia White and Manic-Depressive Illness Patricia Moran, 2018-02-01 Rereads Antonia White s writing within the context of manic depressive illness Misdiagnosed as suffering from schizophrenia instead of what was bipolar or manic depressive illness Antonia White turned repeatedly to psychoanalysis and Catholicism to resolve the emotional conflicts that she believed were the cause of her tumultuous moods her inexplicable behaviour and her writer s block This study rereads White s writing within the context of manic depressive illness to show how the misdiagnosis of her illness shaped the identity narratives White constructed in her life writing and then used as the basis for her strongly autobiographical fiction White s self narratives have skewed critical interpretations of her work at the same time her fiction has not been studied as expressive of affective disorder By contextualising White s life writing and fiction within the contexts of manic depression and narrative identity Antonia White and Manic Depressive Illness proposes a new model for reading White documents the complex interplay of biological psychological and environmental factors involved in affective disorder and historicises the diagnosis and treatment of White s illness in medical psychoanalytic and Catholic contexts Key Features Rereads Antonia White s writing in the context of manic depressive illness and scholarship on narrative identity and illness Documents the ways in which early psychoanalytic theories of female development impacted White through her Freudian analysis in the 1930s Documents how psychoanalysis and Catholicism served as master narratives or templates for White s stories of self

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