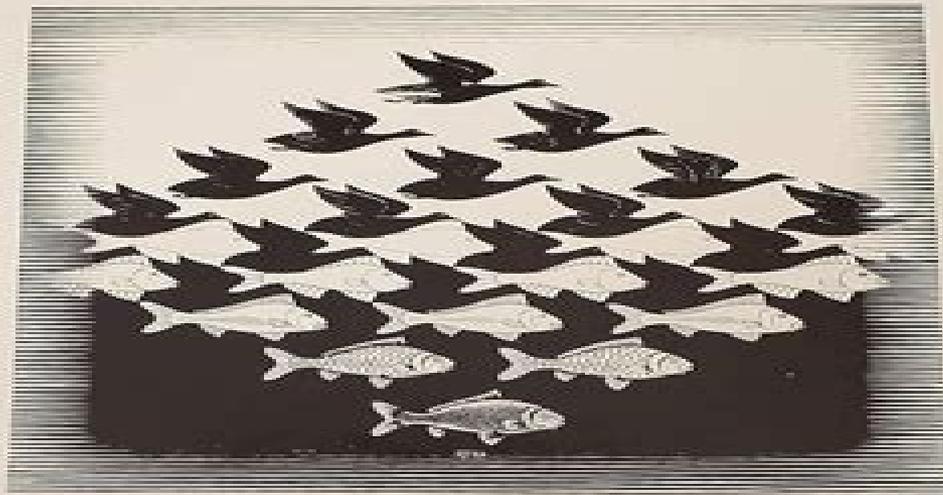


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web amino acids are also essential to keeping your skin hydrated they make up a crucial part of the skin s natural moisturising factor which is what keeps the stratum corneum or the outer layer of the skin moisturised amino acids also help the body s water transport system aquaporins diffuse moisture into your skin