

PROJECT-BASED LEARNING APPROACH: EXPLORING INFLUENCE OF STUDENTS' SERVICE- LEARNING PROJECT ON HEALTH AND WELL-BEING AWARENESS IN THE SCHOOL COMMUNITY

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ABSTRACT

Project-Based Learning (PBL) is an instructional approach that blends regular classroom education with real-world projects to involve students in actual learning experiences. The study's primary goal was to explore the influence of students' service-learning projects on health and well-being awareness in the school community at one of the private schools in Baku, Azerbaijan. Students' project-based learning was based on the Sustainable Development Goals (SDGs) issue of health and well-being in the school community, which allowed the authors to gather data for the study. Participants in this study included the host school's teacher, private school students, and invited guests from the public school, which included high school and university students. As part of this project, numerous sporting events and workshops were held. A volleyball game between teachers and students from the private school was the first event, and there was $n=63$ participants. A school community sport workshop was the following event, and it attracted $n=26$ participants from both public and private schools as well as university students. In order to evaluate how the PBL approach affected students' knowledge of project delivery, how it affected the school community, and how it affected participants' motivation, data were collected using an online survey and interviews with teachers, students, and observers who participated in the volleyball event. A regression analysis was conducted to evaluate the project influence of physical health education and service as action department collaboration on awareness of health and wellbeing in the school community. Seminar $n=26$ ($M = 6.88$, $SD = 1.62$) and Overall Workshop activity ($M = 5.76$, $SD = 1.29$) We found a statistically significant main effect of Overall Workshop activity, $F(33, 595) = 29.6$, $p < .000$ and we also found a strong correlation between average organizing school community project and students and staff motivation, $r(627) = .63$, $p < .000$. As a result of the students' project, the PBL method demonstrated effective collaboration among the students. Through a project, the school community considerably improved, fostering an active and engaged learning environment, enhancing information sharing, and enhancing student engagement in various elements of the school.

Keywords: Project-based learning, School community, Health and wellbeing, Community service, Sustainable development, Problem-solving.

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