

ATHLETIC TRAINING RESEARCH AGENDA

The purpose of the athletic training research agenda is to identify research priorities and unify research with clinical practice to improve patient care and advance the profession. The inter-association task force used a mixed-methods research approach. Through focus groups, content analysis expert review, and the survey of athletic trainers, the research priorities were identified.

HEALTH CARE COMPETENCY

Applying effective interventions (eg, rehabilitation, modalities, pharmacology)

Establishing evidence to support return-to-life/play/work decisions

Preventing musculoskeletal injuries

Recognizing and referring patients with behavioral (mental) health conditions

Reducing public health risks across the lifespan (eg, sudden death, concussion, osteoarthritis)



HEALTH PROFESSIONS EDUCATION

Exploring educational pathways for developing clinical specialists

Exploring methods to maintain and advance competence

Investigating and advancing teaching and learning in professional preparation



HEALTH CARE ECONOMICS

Demonstrating return on investment, cost effectiveness, and revenue generation associated with employing athletic trainers

Establishing appropriate patient/practitioner ratios to ensure patient safety and high-quality care

Evaluating the ability to minimize health care costs for patients and maximize efficiency of patient care across the lifespan



VITALITY OF THE PROFESSION

Advancing the reputation of the profession and the value of an athletic trainer

Determining the effectiveness of interprofessional practice

Evaluating the medical model and independent medical care free of influence or bias

Exploring solutions to improve work-life balance

Improving retention of athletic trainers

Investigating issues related to diversity in the profession



HEALTH INFORMATION TECHNOLOGY

Determining the effectiveness of standardized communication and/or electronic medical record systems in clinical practice

Generating, analyzing, and applying "big data" to inform clinical decisions

Evaluating comprehensive point-of-care data that includes patient- and clinician- rated outcome measures

Improving medical documentation compliance and quality



Research In Athletic Training

**Jeff G. Konin, Margaret Frederick
Thompson**



Research In Athletic Training:

Research in Athletic Training Christopher D. Ingersoll, 2001 Research is an essential element to the practice of athletic training Research encourages the exploration of new methods techniques and approaches to patient care and enhance the effectiveness of care provided by athletic trainers Research in Athletic Training is a definitive textbook designed to directly enhance and improve the athletic trainer s knowledge and growth in research Organized in a user friendly format this text will guide the reader through the different stages of research such as identifying areas to be researched the basics of developing a project and types of research in athletic training One of the essential elements to Research in Athletic Training is the myriad of tables that provide information on all of the key steps in beginning and completing a research project These tables will not only guide the beginning students through their first research project but they can also be used as a reference text for the practicing clinician Additional benefits included in this comprehensive resource are a glossary of common research terms bibliographies and recommended readings and practical examples Research in Athletic Training is a unique and necessary text that will benefit students from the beginning of their athletic training education to their integration into clinical practice Topics Outlined in Tables Inside Comparison of research areas to time in practice How to organize information for a literature review The development of protection of human subjects Research funding sources for athletic trainers Preparation of a budget for a research grant Research activities that can be integrated into a curriculum

Evidence-Based Practice in Athletic Training Scot Raab, Naoko Giblin, 2026-02-12 Evidence Based Practice in Athletic Training Second Edition empowers students to make data supported decisions about patients The text provides future clinicians with the tools to challenge current practices ethically using data and methodology free of bias

Evidence-Based Practice in Athletic Training Scot Raab, Debbie Craig, 2015-11-17 As one of the first texts of its kind Evidence Based Practice in Athletic Training contains essential information on the fundamentals of evidence based practice EBP for students who are working toward certification in athletic training and athletic trainers who wish to stay up to date on best practices in the field With EBP all clinical decisions are based on available research studies and these studies are selected and assessed according to specific criteria that yield evidence of benefit EBP is a continuing education requirement for athletic trainers who are certified with the Board of Certification BOC Grounded in solid science Evidence Based Practice in Athletic Training explains the basics of EBP and the research design methods that are so vital to its implementation Starting in part I the text introduces the various levels of evidence well built question development using the PICO technique patient problem or population intervention comparison and outcomes the five steps of searching for evidence and search techniques Part II guides readers through researching specific questions and evaluating research studies including how to incorporate the evidence they find into their clinical practice Part III reviews the various research types their uses and benefits and research ethics as a critical part of the process of EBP Through these step by step chapters readers will be able

to formulate clinical questions perform research on current studies analyze the available data and apply the principles in their practice in order to provide the best and most accurate care possible In addition to in depth information on the principles and application of EBP Evidence Based Practice in Athletic Training presents clinically based scenarios that allow students to apply their recently acquired knowledge to real life situations thus encouraging a deeper understanding of the topics presented throughout the text These scenarios allow those who are learning EBP concepts for the first time to understand how EBP is incorporated clinically The most efficient systematic and thorough resource of its kind Evidence Based Practice in Athletic Training encourages students and current certified athletic trainers to ask meaningful questions gain the knowledge they need for excelling in future practice and rise to the top of their profession For students who want a thorough skill base in EBP and for credentialed health care professionals who seek further knowledge in the area Evidence Based Practice in Athletic Training will help all current and future athletic trainers provide the best care for their athletes and clients

Research Methods in Athletic Training Brent L. Arnold, Bruce Michael Gansneder, David H. Perrin, 2005 The NATA Education Competencies require that students be able to demonstrate the ability to prepare and interpret sample design for scientific research This innovative text provides a precise roadmap for AT students conducting research projects from conceptualizing a topic to submitting a paper for publication Provides a basic yet solid understanding of SPSS Statistical Package for the Social Sciences software using actual SPSS screen captures and printouts

Epidemiology for Athletic Trainers Melanie Adams, Wanda Swiger, 2024-06-01 Evidence based practice requires clinicians to be knowledgeable of the current standards of care and be willing to consider the effectiveness of new methods Athletic Trainers especially must understand how epidemiology shapes healthcare practices for physically active patients To meet this need *Epidemiology for Athletic Trainers Integrating Evidence Based Practice* is a succinct and comprehensive reference meant to develop and refine student and clinician evidence based practice skills This text addresses the prevalence risk factors and surveillance of sports related injury and illness at youth college and professional levels *Inside Epidemiology for Athletic Trainers Integrating Evidence Based Practice* Drs Wanda Swiger and Melanie M Adams guide the reader through the steps of evidence based practice by presenting basic research and statistical methods needed to read medical literature Key sport epidemiology studies are reviewed for both historical and clinical significance This foundation is built on with a deeper discussion of injury and illness prevention and future research Chapters cover a wide range of topics including the health benefits of physical activity concussion return to play guidelines ACL prevention and mental health concerns This text provides an exceptional approach to integrating evidence based practice skills with clinical practice Features Meets the Commission on Accreditation of Athletic Training Education CAATE outcomes Includes classroom activities to make the text interactive and expand the student s or clinician s research skills Fosters the use of prevention practices and health promotion within athletic training Included with the text are online supplemental materials for faculty use in the classroom

Epidemiology for Athletic Trainers Integrating Evidence Based Practice is a must have for any athletic training student or clinician looking to improve his or her decision making skills within an evidence based context Improving Patient Care in the Secondary School Athletic Training Setting Jeremy Michael Eusea,2015 The Dissertation of Clinical Practice Improvement highlights the major constructs of the Doctorate of Athletic Training DAT program including the need for scholarship that leads to professional growth and a focus of action research that displays clinical outcomes of professional practice My scholarship and professional growth began with the creation of a Plan of Advanced Practice PoAP outlined in Chapter 2 that captured my strengths weaknesses and goals along with accomplishments for advancing my clinical professional practice within the DAT and for the next 5 10 years of professional practice Through the PoAP I reflected on the desire to improve my patient care through the utilization of new interventions and paradigms while reflecting upon the need to improve my clinical setting the secondary school setting to provide quality patient care In Chapter 3 I present clinical patient oriented outcomes while within the DAT program that focused on learning and implementing new interventions into my own clinical practice Chapter 4 is a literature review that synthesizes the current and previous research related to athletic trainers in the secondary school setting and research relating to the study and improvement of quality health care in other medical fields Once the problems and needs for improvement in the secondary school setting were addressed I focused the majority of my research project Chapter 5 on performing a quantitative and qualitative assessment of the secondary school setting from a third party stakeholder s perception of the athletic training services The research study was through an action research process that deals with real problems and real life situations by evaluating the local effectiveness of professional practice based on the interpreter s individual paradigm and then the practitioner can create an outstanding solution to a local issue that can be used everywhere After performing the research study I was able to determine the focus of stakeholders in the secondary school setting in regards to the athletic trainer s time spent on duties related to patient care

Athletic Training Student Primer Andrew P Winterstein, PhD, Atc,Andrew P. Winterstein,2009 The Athletic Training Student Primer A Foundation for Success is a dynamic text that supplements the core concepts terminology and educational requirements of athletic training with the combination of academic and clinical education to establish a foundation of knowledge This valuable resource is designed for both prospective and current athletic training students Topics include the history of the National Athletic Trainers Association diversity employment settings emerging trends and educational resources Unlike other introductory athletic training texts much of the information is derived from interviews with a diverse group of professionals This method allows for insight and advice on work environments ethics professional preparation maximizing clinical education opportunities and building a successful career The reader is provided with a multitude of answers to many real life athletic training situations To further facilitate learning an interactive website companion has been developed to complement the text Through this website you will find a range of helpful features including web resources

pertaining to the corresponding chapter topics flash cards teaching important concepts and quizzes testing the knowledge presented The Athletic Training Student Primer A Foundation for Success effectively blends the core concepts in athletic training with guidance on the human elements of the profession to provide a springboard for future study Administrative Topics in Athletic Training Gary Harrelson, Greg Gardner, Andrew P. Winterstein, 2024-06-01 Administrative Topics in Athletic Training Concepts to Practice Second Edition continues to be a dynamic text that addresses important administrative issues practices and procedures as well as fundamental concepts strategies and techniques related to the management of all aspects of an athletic training health care delivery system Uniquely this text balances theory and application around management administration and leadership for the athletic trainer in multiple practice settings Inside the Second Edition Drs Gary Harrelson Greg Gardner and Andrew Winterstein feature case studies and instructional activities both within the text and instructor materials to help athletic training students and clinicians understand and apply the concepts to real world scenarios Numerous graphic elements such as boxes callouts tables and illustrations are included throughout the text to enhance readability New and updated features to the Second Edition Numerous case studies examples and classroom activities 12 appendices provide tools and examples to aid in the application of concepts and principles addressed in the text Each chapter uses an Advanced Organizer to aid the reader in chapter orientation All chapters have been updated to include changes in laws regulations and practices Issues in educational and clinical settings are broken into different chapters Chapters have been grouped into three sections to improve flow of the text Personal Practices Athletic Training Practices and Organizational Practices Faculty will have access to an Instructor s Manual PowerPoint slides and Test Bank Questions Updated topics inside the Second Edition Use of social media Multiple generations in the workplace Time management and prioritization Process of writing a business plan Athletic training as a business Starting your own business Administrative models in educational settings Impact of degree transition in athletic training Guidelines for appropriate medical coverage in secondary school and university settings Expanding roles of Athletic Trainers in clinical settings Included with the text are online supplemental materials for faculty use in the classroom Administrative Topics in Athletic Training Concepts to Practice Second Edition provides beneficial information on administrative topics and will be a useful resource for athletic training students practitioners and any administrator responsible for supervision of athletic trainers and athletic training service programs **Documentation for Athletic Training** Jeff G. Konin, Margaret Frederick Thompson, 2024-06-01 Documentation for Athletic Training Third Edition provides all the important and relevant information that a practicing athletic trainer needs to possess to provide accurate documentation These topics include legal considerations electronic medical records and numerous tips for effective verbal and written communication styles This Third Edition by Drs Jeff G Konin and Margaret Frederick Thompson continues to provide a plethora of standard templates to refer to as examples of the most commonly used forms in athletic training practice settings The authors represent decades of collective experience as

clinicians educators and administrators and offer insight on the importance of timely and appropriate methods for athletic training documentation Documentation for Athletic Training Third Edition has strengthened chapters on electronic documentation and documentation for reimbursement These are continuously evolving areas that require an understanding of not just a single type of software system but rather a foundation of knowledge related to the principles of each Additionally a chapter has been added on contemporary type of documentation Communication in the forms of text messages social media and other common types of information sharing are discussed Features inside the Third Edition Learning objectives for each chapter Pearls of Wisdom on key points Discussion and study questions Worksheets and commonly used documentation forms Glossary of terms Symbols and medical terminology abbreviations Documentation for Athletic Training Third Edition continues to be the only textbook dedicated to the topic of documentation and presents a wide array of methods and forms providing students educators and clinicians with a multifaceted tool box for their documentation needs

The Athletic Trainer's Pocket Guide to Clinical Teaching Thomas G. Weidner, 2009 The Athletic Trainer's Pocket Guide to Clinical Teaching is a user friendly handbook designed to provide practical information on effective clinical teaching With an understanding that athletic trainers are sometimes unfamiliar with their specific roles and responsibilities when serving as Approved Clinical Instructors Dr Thomas Weidner has created the go to resource that can be called upon while in the clinical setting The Athletic Trainer's Pocket Guide to Clinical Teaching is a condensed well organized reference tool that will assist Approved Clinical Instructors Clinical Instructor Educators and others associated with clinical education with the roles and responsibilities of the clinical education team Each chapter concludes with reflection questions to help make connections with one's own unique environment and situation Features include A general background on effective clinical teaching Relevant educational theory Specific ideas and strategies for teaching in different clinical settings and situations Evaluation and feedback Content on how to approach challenges in clinical teaching Information for conducting initial and continuing Approved Clinical Instructor ACI training The Athletic Trainer's Pocket Guide to Clinical Teaching has answered the call to provide a book that offers information specific to the athletic training clinical instructor

Professional Ethics in Athletic Training - E-Book Gretchen A. Schlabach, Kimberly S. Peer, 2007-10-25 An invaluable resource for any athletic training curriculum this text introduces athletic training as a profession by presenting an ethical framework of values principles and theory Chapters explore important issues related to cultural competence foundational behaviors of professional practice professional and moral behavior and ethical decision making skills that both inform and transcend the athletic training profession Learning activities at the end of each section help you see connections between the material and clinical practice revealing new insights about yourself your profession and the organizations with which you will interact Content draws connections between ethical values principles and theory as relating to the Foundational Behaviors of Professional Practice Over 100 case studies promote critical thinking with clinical examples of ethical situations and conflicts that correspond to

the domains identified by the Board of Certification BOC Role Delineation Study Learning Activities chapters at the end of each section provide over 60 activities designed to link content and theory to clinical practice Organized into three levels Level One consists of an introduction to professional ethics in athletic training Level Two focuses on professional enculturation and Level Three explores the application of ethical concepts in professional life Good to Know boxes highlight information throughout the chapters to enrich content and identify applications in the field Professional Pearl boxes contain quotes from NATA Hall of Fame Inductees offering advice about the challenges often faced in the profession Chapter outlines learning objectives and ethical concepts at the beginning of each chapter lay out the information in an easy to follow framework Appendices include self assessment and evaluation tools that encourage you to assess where your own responses fall within ethical boundaries Sections on cultural competence and ethical dilemmas increase awareness of diversity by exploring scenarios in which the practitioner s and patient s morals may conflict

Athletic Trainers' Perceptions of Effectiveness and Transfer of Training in Continuing Education Workshops Sarah L. Reed, 2008 Extensive literature research revealed that little was known about the effectiveness of athletic training continuing education workshops in increasing athletic trainers knowledge skills and abilities The three purposes of this mixed method exploratory study were 1 to examine whether continuing education workshops were perceived by athletic trainer participants as effective 2 to determine if a relationship existed between efficacy and perceived workshop training effectiveness 3 to demonstrate the transfer of training through work experiences Participants were recruited through Board of Certification for the Athletic Trainer BOC approved continuing education workshops Eighty four participants completed a questionnaire packet on the day of the workshop The packet contained the Athletic Training Efficacy Questionnaire subject matter pre test workshop evaluation and subject matter post test Two months after the workshop participants were contacted and asked to complete an online questionnaire that focused on their perceptions of the workshop they attended and their transfer of the training to the workplace Quantitative data analysis revealed no significant relationships between participants levels of efficacy and ages genders work experience and degree attainment Nor was there a significant relationship found between participants level of efficacy and their perceptions of workshop effectiveness The characteristics of the workshops were perceived as effective in increasing participant knowledge skills and abilities related to athletic training Overall 20 2% of participants perceived the workshops as being very effective 46 4% perceived the workshops to be effective and 33 3% perceived the workshops as ineffective Qualitative analysis revealed that the perceptions of workshop effectiveness were related to the presentation format characteristics of the instructor and the relevancy of the workshop material to real life situations Barriers to the transfer of training were also identified and included workshop format factors delivery environmental and learning styles and a lack of information presented Recommendations for the development of continuing education workshops that better meet the needs of athletic trainers were discussed and suggestions for future research were provided

Professional Ethics in Athletic Training Gretchen A. Schlabach, Kimberly S. Peer, 2008-01-01 An invaluable resource for any athletic training curriculum this text introduces athletic training as a profession by presenting an ethical framework of values principles and theory Chapters explore important issues related to cultural competence foundational behaviors of professional practice professional and moral behavior and ethical decision making skills that both inform and transcend the athletic training profession Learning activities at the end of each section help you see connections between the material and clinical practice revealing new insights about yourself your profession and the organizations with which you will interact Content draws connections between ethical values principles and theory as relating to the Foundational Behaviors of Professional Practice Over 100 case studies promote critical thinking with clinical examples of ethical situations and conflicts that correspond to the domains identified by the Board of Certification BOC Role Delineation Study Learning Activities chapters at the end of each section provide over 60 activities designed to link content and theory to clinical practice Organized into three levels Level One consists of an introduction to professional ethics in athletic training Level Two focuses on professional enculturation and Level Three explores the application of ethical concepts in professional life Good to Know boxes highlight information throughout the chapters to enrich content and identify applications in the field Professional Pearl boxes contain quotes from NATA Hall of Fame Inductees offering advice about the challenges often faced in the profession Chapter outlines learning objectives and ethical concepts at the beginning of each chapter lay out the information in an easy to follow framework Appendices include self assessment and evaluation tools that encourage you to assess where your own responses fall within ethical boundaries Sections on cultural competence and ethical dilemmas increase awareness of diversity by exploring scenarios in which the practitioner s and patient s morals may conflict Evidence-Guided Practice Bonnie Van Lunen, Dorice Hankemeier, Cailee Welch, 2024-06-01 Athletic trainers must have a foundation in the concepts of evidence based practice to deliver patient care in an effective way It is critical that students and clinicians formulate clinical plans that will be effective for individual patients With that goal in mind Evidence Guided Practice A Framework for Clinical Decision Making in Athletic Training teaches the athletic trainer that evidence based practice concepts must be incorporated into daily clinical practice Written in a conversational tone Drs Bonnie Van Lunen Dorice Hankemeier and Cailee Welch provide a practical and concise resource for athletic trainers to use when interpreting what the available evidence means for them and how it can be effectively applied in daily patient care The competencies within athletic training and other health care professions were considered when each chapter was constructed Special care was taken to include examples that are specific to athletic training and instructional applications for educators What Is Inside Types of research design Foundations of research and statistics Introduction to critical appraisal Concepts of validity Diagnostic accuracy Disablement models Patient oriented outcome assessments Health care informatics The first of its kind Evidence Guided Practice A Framework for Clinical Decision Making in Athletic Training is the only resource athletic training students clinicians or other health care

professionals will need to properly put evidence based concepts into practice

Stress and Burnout among Athletic Training Students and Athletic Trainers Rhoda Frank, 2023-06-14 Research Paper postgraduate from the year 2023 in the subject Health Sports science language English abstract This study aims to determine the causes of stress and burnout among athletic training students and athletic trainers and how these problems affect their professional careers Besides the study seeks to establish the level of burnout among athletic training students Additionally the study aims to establish the solution for the issues identified and recommends strategies that athletic training programs should implement to mitigate stress and burnout Role strain work family conflict and professional socialization are the leading cause of stress and burnout among athletic training students Task incongruence role conflict ambiguity overload and incompetency were the identified aspects of strain in ATs The ambiguity in the athletic training profession is connected to insufficient specificity while role conflict occurs in a situation where an individual is assigned to multiple roles at the same time In essence an individual s values and beliefs may not be compatible with professional job demands causing role incongruence the situation where description does not align with an individual s personality Nineteen articles deeply examine the effect of role strain in athletic training students profession Work family conflict is the disturbance emanating from the profession s family responsibilities impacting their professional accomplishment Fourteen researchers examined this problem extensively in the reviewed research articles and it was determined to be a potential cause of burnout among athletic training students High travel demands and long working hours are the two causes of work family conflicts identified in the study Besides delayed or rescheduled games were determined to contribute to work family conflict among the athletic trainers The study found professional socialization and burnout among athletic training students closely related Role revolution gaining stability formal preparation envisioning the role and organizational entry are the five essential phases of professional specialization in sports medicine

The Athletic Training Clinical Experience Courtney M. Lewis, 2020 The purpose of this study was to understand how students experience the clinical component of their preparation and the phenomenon of integration Integration is the application of scientific content knowledge into a setting that reflects the real world of practice Within the athletic training literature this concept of integration or the bridging of didactic and clinical preparation is often referred to as clinical integration The concept of integration has been studied but unfortunately it has not been studied from the perspective of athletic training students My goal was to conduct a qualitative research study using phenomenological research methods to understand how athletic training students experienced integration My unit of analysis for this research was seven athletic training students I interviewed each participant to gain an understanding of his her lifeworld and to understand three research questions How do students experience and understand their didactic preparation How do students experience and understand their clinical preparation How do students experience and understand the connection between their didactic and clinical preparation Participants valued relationships formed in the classroom with their peers and relationships formed at their clinical sites with

their patients and most notably with their preceptors This study found the essence of the concept of clinical integration is actually seeing in the real world that you know When students are given the opportunity to try it out the explicit knowledge becomes tacit through the adaptation of their reflective skills *Pfeiffer and Mangus's Concepts of Athletic Training* Cynthia Trowbridge, Cheryl M. Ferris, 2022-06-15 Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook student practice activities and assessments a full suite of instructor resources and learning analytics reporting tools Written for the introductory course the Eighth Edition of *Concepts of Athletic Training* focuses on the care and management of sport and activity related injuries while presenting key concepts in a comprehensive logically sequential manner that will assist future professionals in making the correct decisions when confronted with an activity related injury or illness in their scope of practice Key Features Include Time Out boxes provide additional information related to the text such as NATA Athletic Helmet Removal Guidelines how to recognize the signs of concussion and first aid for epilepsy Athletic Trainers Speak Out boxes feature a different athletic trainer in every chapter who discusses an element of athlete care and injury prevention Anatomy Reviews introduce body parts to students unfamiliar with human anatomy and acts as a refresher for those students with some anatomy background *Perspectives in Athletic Training* Nancy H. Cummings, Sue Stanley-Green, Paul Higgs, 2009 In full color this clear and concise text provides a comprehensive overview of the field and the job skills of certified athletic trainers To establish a solid foundation the book covers the evolution of the profession systems of the body and the body's responses to injury It then moves into more in depth chapters on diagnosis and management of specific types of injuries followed by coverage of nutrition psychology and pharmacology before concluding with an overview of taping and bracings The domains core competencies and proficiencies of athletic training are covered in a holistic way allowing you to see and study the body in its entirety A full color format brings out key detail in illustrations and makes the text easier to read Clear concise and straightforward writing simplifies complex subject matter Evolution of the Profession chapter provides an illustrated overview of athletic training from its inception Diagnosis and Management chapters cover the diagnosis and management of common sites of athletic injury presenting information in an easy to understand whole body format that includes the mechanism of injury signs and symptoms and immediate and intermediate care Realistic cases accompany the material and address differential diagnosis Opening Scenarios relate material to real world athletic situations beginning chapters with a case study and ending chapters with a discussion of its surrounding issues Issues Ethics boxes focus on the types of situations in which an athletic trainer may be forced to make a difficult decision affecting a team or an individual Summary boxes tables and lists make key information easy to find and easy to learn Points to Ponder include questions for further thought and analysis helping readers apply content to realistic situations Age related icons appear next to topics in which age plays a role in diagnosis and management Learning Goals begin each chapter by highlighting significant concepts and content objectives Key Terms are bolded and defined near their discussion

in the text A Glossary includes all the key terms plus key anatomical terminology and diagnostic tests and procedures A companion Evolve website offers additional case studies anatomy videos and labeling exercises crossword puzzles practice questions and research assignments to aid in learning and preparation for examinations *Athletic Trainers* Colorado. Department of Regulatory Agencies. Office of Policy, Research, and Regulatory Reform,2005 **Athletic Training** ,1990

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