

Self-image Core

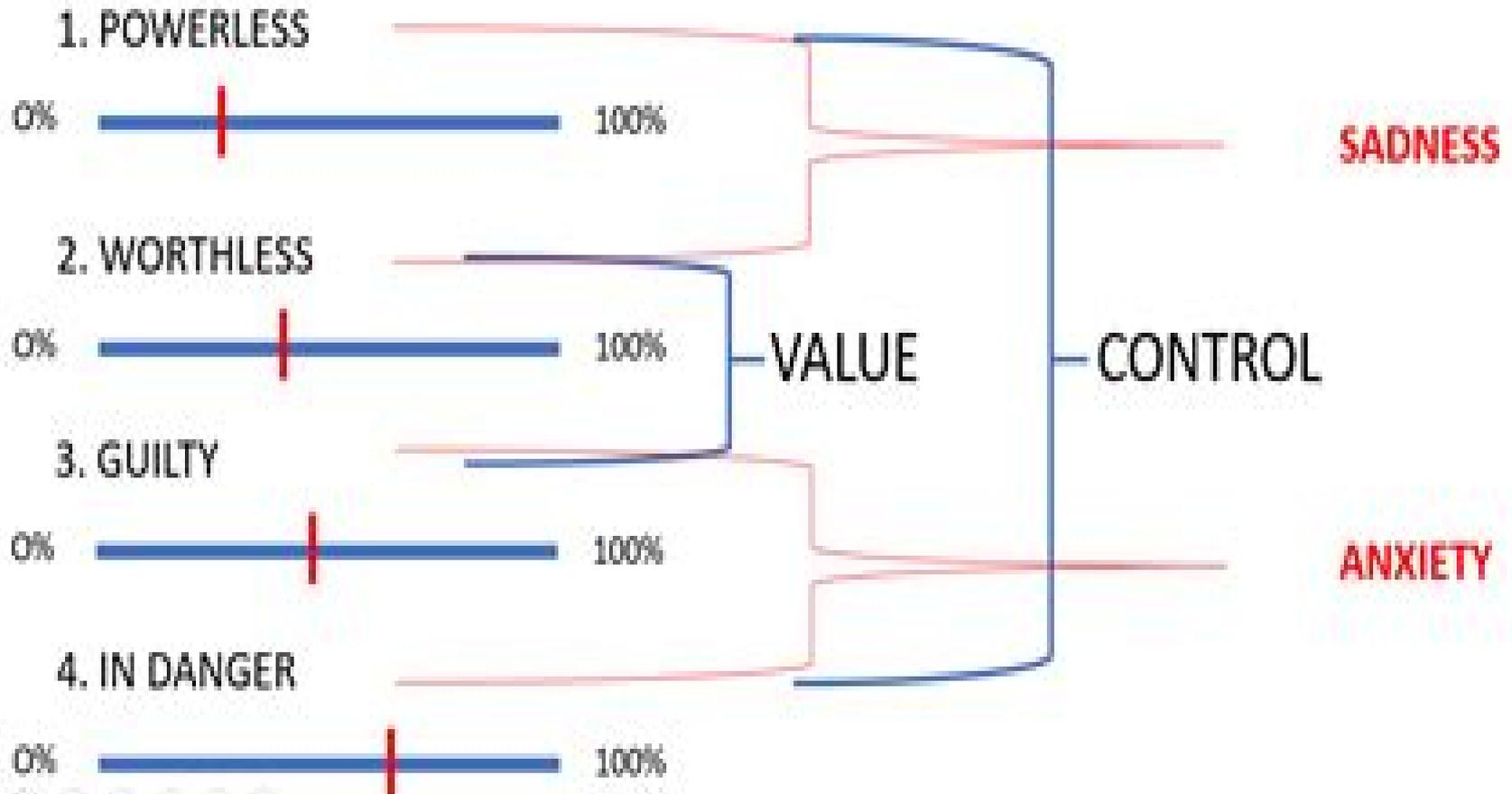
(stored in Long Term Memory; largely unconscious)

4 Negative CORE beliefs
(0-100% strong):

I AM...

1 fundamental EVALUATION
DIMENSION with 2 parts:

2 basic EMOTIONS:



Selfimage Modification

Garth J. Blackham, Adolph Silberman



Selfimage Modification:

Unveiling the Magic of Words: A Review of "**Selfimage Modification**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Selfimage Modification**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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