

Obesity and Overweight

SOURCEBOOK

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Rachel S Tattersall



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Obesity Sourcebook Wilma Caldwell, Chad T. Kimball, 2001 **Health Reference Series** ,2020 Obesity Judith S. Stern, Alexandra Kazaks, 2015-10-13 Obesity has reached epidemic proportions in countries like the United States This book provides a comprehensive summary of obesity in America and around the world discussing the causes and proposing ways to help stem the tide and to help those who are overweight A highly useful and accessible resource for high school to undergraduate students as well as post graduate level readers with an interest in health and nutrition this updated second edition of Obesity A Reference Handbook offers up to date answers to essential questions about obesity and connected societal and health care related issues A single volume go to resource this book addresses difficult questions such as whether obesity is a disease or a moral failing what factors contribute to obesity what the economic impacts of obesity are on the health care industry if and how poverty is a contributor to obesity how our society encourages obesity and how changes can be made to improve our society s eating habits as a whole It presents citations from individuals and peer reviewed journals and review articles providing a balance of information sourced from both professionals and informed lay commentators Also included are dozens of biographies of individuals who have been important in studying preventing managing or increasing awareness about obesity such as Jared Fogle longtime Subway sandwiches spokesperson Kelly Brownell who coined the phrase toxic environment to describe unhealthy food and exercise patterns researcher Ethan Allen Sims who examined the relationship between obesity and diabetes and Oprah Winfrey well known celebrity who stated that if there were a pill to lose weight or a magic diet she would have it **Obesity and Overweight Sourcebook, 1st Ed.** James Chambers, 2020-07-01 Provides basic health information about the causes prevalence associated health risks prevention and treatment of obesity and overweight along with the impact of society and tips for people to cope up with excess weight **Obesity and Overweight Sourcebook** Angela Williams, 2020 Provides basic health information about the causes prevalence associated health risks prevention and treatment of obesity and overweight along with the impact of society and tips for people to cope up with excess weight *Bulletin of the Medical Library Association* Medical Library Association, 2001 **Medical and Health Care Books and Serials in Print** ,1997 **Forthcoming Books** Rose Arny, 2002-02 *Obesity and Overweight Sourcebook* James Chambers, 2024 Provides basic health information about the causes prevalence associated health risks prevention and treatment of obesity and overweight along with the social and psychological effects of obesity and tips for coping with excess weight Includes an index glossary of related terms and other resources Consumer Sourcebook Matthew Miskelly, 2006 Consumer Sourcebook provides a comprehensive digest of accessible resources and advisory information for the American consumer This new edition identifies and describes some 23 000 programs and services available to the general public at little or no cost These services are provided by federal state county and local governments and their agencies as well as by organizations and associations Consumer affairs and customer services departments for

corporations are also listed as well as related publications multimedia products general tips and recommendations for consumers The master index is arranged alphabetically by name and by subject term Obesity and Overweight Sourcebook, Second Edition James Chambers,2024-10 Obesity and overweight are serious health conditions caused by an increase in the size and amount of fat cells They are becoming increasingly common among U S families impacting the nation s overall health economy and productivity According to the National Health and Nutrition Examination Survey NHANES the age adjusted prevalence of obesity among U S adults was about 42.4 percent in 2017 2018 Obesity can lead to several other health issues such as diabetes high blood pressure heart disease stroke sleep disorders and even cancer However proper lifestyle and diet plans can control obesity and overweight to a great extent The Obesity and Overweight Sourcebook Second Edition provides comprehensive information on obesity its causes health risks social and psychological impacts prevention and treatment It begins with an overview of the medical model of obesity discussing its evolutionary origin and the social and moral construct of the obesity epidemic The book addresses various causes of obesity including genetics hormone dysfunction dietary factors lifestyle socioeconomic and environmental factors It also highlights the prevalence and economic burden of obesity in the United States Part 1 The Phenomena of Obesity and Overweight explains the medical model of obesity its evolutionary origin and the social and moral construct of the obesity epidemic It discusses obesity s impact on life expectancy and the obesity paradox Part 2 Possible Causes of Obesity provides information about various causes of obesity such as genetics hormone dysfunction dietary factors lifestyle socioeconomic and environmental factors Part 3 Obesity and Overweight in the United States Prevalence and Screening offers statistical information on obesity and overweight in the United States highlighting the economic burden It also discusses obesity among minority populations and people with disabilities along with assessment techniques for body composition and obesity Part 4 Diseases and Metabolic Disorders Associated with Obesity provides information about various diseases associated with obesity such as type 2 diabetes cardiovascular diseases hypertension stroke asthma cancer etc It also discusses the impact of obesity on women s reproductive health Part 5 Social and Psychological Impact of Obesity explains how obesity affects emotional well being movement balance control suicidal ideation and sexuality Part 6 Prevention and Treatment of Obesity discusses public health strategies dietary therapy behavior therapy pharmacotherapy weight loss surgery and various facts and myths about weight loss Part 7 Additional Help and Information includes a glossary of terms related to obesity and overweight and a directory of resources for further help and support *Public Health Reports* ,1991 **Medical Books and Serials in Print** ,1984 Subject Guide to Books in Print ,2001 **Directories in Print** ,2011 **American Book Publishing Record** ,1999 *Public Health Reports* ,1991 **Mosby's Family Practice Sourcebook** Kenneth G. Marshall,2000 Organized by body system and medical subspecialty within a quick reference format this reference presents an intensively referenced up to date well organized overview of the current approaches and controversies in the prevention and treatment of a wide variety

of problems encountered in office practice 30 illustrations

The Medical Outcomes & Guidelines Sourcebook ,1997

Subject Guide to Forthcoming Books ,1983 Presents by subject the same titles that are listed by author and title in Forthcoming books

Whispering the Strategies of Language: An Mental Journey through **Obesity Sourcebook Health Reference Ser**

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