



**MAITLAND'S**

# Peripheral MANIPULATION

Edited by  
**ELLY HENGEVELD**  
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Foreword by  
**PETER WELLS**

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**FOURTH EDITION**

# Maitlands Peripheral Manipulation

**Elly Hengeveld, Geoffrey Douglas  
Maitland**



## **Maitlands Peripheral Manipulation:**

**Maitland's Peripheral Manipulation** Elly Hengeveld, Kevin Banks, 2013-08-27 The legacy of Geoff Maitland and his seminal work *Peripheral Manipulation* continues in this fifth edition with Elly Hengeveld and Kevin Banks leading an international team of experts who demonstrate how to manage peripheral neuromusculoskeletal disorders using the principles and practice of the Maitland Concept Together they ensure the heart of the Concept beats on by promoting collaborative decision making with the patient at centre and emphasizing the art and science of observation listening palpation and movement skills A key feature of the new edition focuses on a more evidence based and analytical view of the role of mobilization and manipulation in clinical practice The authors have written in a way that reflects their application of the Maitland Concept and how they have integrated techniques in the light of advancement in professional knowledge Each chapter stands alone as a master class The text is systematically arranged focusing on detailed assessment clinical reasoning and re assessment to determine the physical dysfunction and efficacy of manipulative physiotherapy techniques while also advocating continuous communication and interaction Techniques of passive mobilization are also described specifically designed around the individual patient s condition All the chapters are written from a clinical perspective and review the evidence which informs how to deal with and manage peripheral joint pain as they present to the practitioner Furthermore each peripheral region craniomandibular upper limbs and lower limbs is considered from the point of view of best practice in analysing and hypothesising subjective data examination treatment and management of peripheral pain conditions Brand new to the fifth edition is the addition of a companion website Maitland s Manipulation eResources [www.maitlandsresources.com](http://www.maitlandsresources.com) providing access to a range of valuable learning materials which include videos MCQs interactive case studies research links and bonus chapters World leading experts provide evidence relating the Maitland Concept to clinical practice Evidence supporting practice Covers both subjective and physical examination Best practice management using mobilization and manipulation Case studies how and when to integrate the Maitland Concept into clinical practice Chapter based learning outcomes keywords and glossaries Companion website Maitland s Manipulation eResources [www.maitlandsresources.com](http://www.maitlandsresources.com) Expert perspectives and supporting evidence Case studies Companion website [www.maitlandsresources.com](http://www.maitlandsresources.com) containing Video Bank of over 480 video clips showing examination and treatment techniques Image Bank of over 1 000 illustrations Interactive case studies Over 200 MCQs Bonus chapters on additional principles and techniques of examination treatment Weblink references to abstracts

*Maitland's Peripheral Manipulation* Elly Hengeveld, Kevin Banks, 2005 This classic text has become one of the foundational texts for all modern manual therapists The fourth edition has been extensively revised by two authors who have worked closely with Geoff Maitland and have added invaluable and up to date input in the revision of this new edition

**Peripheral Manipulation** Elly Hengeveld, Geoffrey Douglas Maitland, 2005 Printed book plus Pageburst™ access you will receive a printed book and access to the complete book content electronically Pageburst™

enhances learning by not only bringing world class content to your fingertips but also letting you add to it annotate it and categorize it all in a way that suits you Pageburst™ frees you to spend more time learning and less time searching The thoroughly revised edition of this classic text describes the art of manipulative physiotherapy as delineated by G D Maitland a unique approach based on procedures for thorough assessment and reassessment of patients The 4th edition has been extensively revised by two respected authorities presenting an integrated contemporary and evidence based model of manipulative physiotherapy Updated and expanded coverage throughout reflects advances in knowledge and the role of manipulative physiotherapy within contemporary clinical practice New highlights include an improved layout new photographs and an accompanying CD ROM that includes video clips of all relevant examination and treatment techniques

**Maitland's Peripheral Manipulation** Elly Hengeveld, Kevin Banks, 2005 **Maitland's Peripheral Manipulation**, 2005 **Maitland's Peripheral Manipulation With CD** Hengeveld, 2009-05-01 **Peripheral Manipulation** Geoffrey Douglas Maitland, 1991 There have been many advances in all aspects of manipulative therapy of the peripheral joints For this edition of *Peripheral Manipulation* more emphasis has been given to recording examination and treatment findings listed in the Core Collection of Medical Books and Journals 1997 listed in the Core Collection of Medical Books and Journals 1997

*Maitland's Vertebral Manipulation* Elly Hengeveld, Kevin Banks, 2013-08-22 The legacy of Geoff Maitland and his seminal work *Vertebral Manipulation* continues in this eighth edition with Elly Hengeveld and Kevin Banks leading an international team of experts who demonstrate how to manage vertebral neuromusculoskeletal disorders using the principles and practice of the Maitland Concept Together they ensure the heart of the Concept beats on by promoting collaborative decision making with the patient at centre and emphasizing the art and science of observation listening palpation and movement skills A key feature of the new edition focuses on a more evidence based and analytical view of the role of mobilization and manipulation in clinical practice The authors have written in a way that reflects their application of the Maitland Concept and how they have integrated techniques in the light of advancement in professional knowledge Each chapter stands alone as a master class The text is systematically arranged focusing on detailed assessment clinical reasoning and re assessment to determine the physical dysfunction and efficacy of manipulative physiotherapy techniques while also advocating continuous communication and interaction Techniques of passive mobilization are also described specifically designed around the individual patient's condition All the chapters are written from a clinical perspective and review the evidence which informs how to deal with and manage spinal and pelvic pain as they present to the practitioner Furthermore each vertebral region cervical thoracic lumbar sacroiliac pelvic is considered from the point of view of best practice in analysing and hypothesising subjective data examination treatment and management of spinal pain conditions Brand new to the eighth edition is the addition of a companion website *Maitland's Manipulation eResources* [www.maitlandsresources.com](http://www.maitlandsresources.com) providing access to a range of valuable learning materials which include videos MCQs interactive case studies research links and bonus chapters

World leading experts provide evidence relating the Maitland Concept to clinical practice Evidence supporting practice Covers both subjective and physical examination Best practice management using mobilization and manipulation Case studies how and when to integrate the Maitland Concept into clinical practice Chapter based learning outcomes keywords and glossaries Companion website Maitland s Manipulation eResources [www.maitlandsresources.com](http://www.maitlandsresources.com) Expert perspectives and supporting evidence Case studies Companion website [www.maitlandsresources.com](http://www.maitlandsresources.com) containing Video Bank of over 480 video clips showing examination and treatment techniques Image Bank of over 1 000 illustrations Interactive case studies Over 200 MCQs Bonus chapters on additional principles and techniques of examination treatment Weblink references to abstracts

Maitland's Clinical Companion E-Book Kevin Banks,Elly Hengeveld,2009-10-20 This reference is ideal for students who need support during their neuromusculoskeletal clinical practice in areas such as communication clinical reasoning examination and assessment It is a vital source for understanding the role of mobilization and manipulation in helping to maximize the recovery rehabilitation and functioning of patients with movement related disorders The principles of the Maitland Concept of Manipulative Physiotherapy are applied to each body region so as to guide the student through to the appropriate selection application and progression of mobilization and manipulation techniques within the context of contemporary physiotherapeutic rehabilitation A vital companion to the classic texts Maitland s Vertebral Manipulation and Maitland s Peripheral Manipulation which promotes a patient centred approach to neuromusculoskeletal disorders Learning objectives and self assessment questions in every chapter enables students to reflect on their knowledge Case studies highlights key aspects of the concepts to clinical practice Clinical profiles for common neuromusculoskeletal conditions Techniques described and accompanied by over 500 images Picture key to identify types of examination decision making and techniques within the text

Neuromusculoskeletal Examination and Assessment,A Handbook for Therapists with PAGEBURST Access,4 Nicola J. Petty,Ann P. Moore,2011 Rev ed of Neuromusculoskeletal examination and assessment Nicola J Petty Ann P Moore 1998 **Neuromusculoskeletal Examination and Assessment E-Book** Nicola J. Petty,2011-01-27 Now in its fourth edition this core textbook continues to provide a comprehensive systematic guide to the examination and assessment of patients with neuromusculoskeletal dysfunction The new edition continues with Nicola Petty at the helm but she is now joined by a reputable team of specialized clinicians and academics who have contributed to individual chapters Neuromusculoskeletal Examination and Assessment focuses on the development of technical and clinical reasoning skills involved in differential diagnosis of joint nerve and muscle tissues It is designed for physiotherapy manual therapy students and their teachers but is also ideal for those in the first years of their practice as an educational support for patient care Provides a logical approach to patient examination to enhance clinical reasoning Presents key concepts of leading therapists and researchers in the field of manual therapy Emphasizes a patient centred approach Templated step by step sequence of illustrations and text creates an accessible tool for use in teaching and practice New 2 colour drawings and

photographs visually demonstrate techniques      **Peripheral Manipulation** G.D. Maitland,1998      **Maitlands Manipulation der peripheren Gelenke** Elly Hengeveld, Kevin Banks,2008      Maitland's Vertebral Manipulation Geoffrey Douglas Maitland,2005 This text is concerned with the Maitland method of spinal manipulation Physiotherapy students and practitioners alike will find information on such topics as prognosis diagnosis assessment examination and spinal manipulation techniques      **Rehabilitation of the Hand and Upper Extremity, 2-Volume Set E-Book** Terri M. Skirven,A. Lee Osterman,Jane Fedorczyk,Peter C. Amadio,2011-02-10 With the combined expertise of leading hand surgeons and therapists Rehabilitation of the Hand and Upper Extremity 6th Edition by Drs Skirven Osterman Fedorczyk and Amadio helps you apply the best practices in the rehabilitation of hand wrist elbow arm and shoulder problems so you can help your patients achieve the highest level of function possible This popular unparalleled text has been updated with 30 new chapters that include the latest information on arthroscopy imaging vascular disorders tendon transfers fingertip injuries mobilization techniques traumatic brachial plexus injuries and pain management An expanded editorial team and an even more geographically diverse set of contributors provide you with a fresh authoritative and truly global perspective while new full color images and photos provide unmatched visual guidance Access the complete contents online at [www.expertconsult.com](http://www.expertconsult.com) along with streaming video of surgical and rehabilitation techniques links to Pub Med and more Provide the best patient care and optimal outcomes with trusted guidance from this multidisciplinary comprehensive resource covering the entire upper extremity now with increased coverage of wrist and elbow problems Apply the latest treatments rehabilitation protocols and expertise of leading surgeons and therapists to help your patients regain maximum movement after traumatic injuries or to improve limited functionality caused by chronic or acquired conditions Effectively implement the newest techniques detailed in new and updated chapters on a variety of sports specific and other acquired injuries and chronic disorders Keep up with the latest advances in arthroscopy imaging vascular disorders tendon transfers fingertip injuries mobilization techniques traumatic brachial plexus injuries and pain management See conditions and treatments as they appear in practice thanks to detailed full color design illustrations and photographs Access the full contents online with streaming video of surgical and rehabilitation techniques downloadable patient handouts links to Pub Med and regular updates at [www.expertconsult.com](http://www.expertconsult.com) Get a fresh perspective from seven new section editors as well as an even more geographically diverse set of contributors

**Maitland. Manipulación Periférica** Kevin Banks,2006-11-30 Este texto cl sico ya en su cuarta edici n se ha convertido en una de las referencias b sicas para los terapeutas manuales El concepto de terapia manual de Maitland se ha establecido como uno de los m todos est ndar para las t cnicas de manipulaci n perif rica uno de los pilares de la fisioterapia manual moderna El texto se centra en los trastornos musculoesquel ticos de las extremidades relacionados con el movimiento Su prop sito es presentar t cnicas para todas las articulaciones perif ricas abordando las partes pertinentes de la exploraci n mediante movimiento pasivo y relacionar el m todo de aplicaci n de las t cnicas con los hallazgos de la exploraci n Esta nueva

edici n ha sido revisada concienzudamente recogiendo los avances en la fisioterapia manipulativa Los dibujos han sido sustituidos por fotograf as que muestran las t cnicas lo que facilita enormemente su comprensi n Asimismo se ha reorganizado la estructura de la obra para que la informaci n se presente de manera m s accesible al lector incluy ndose cuadros esquem ticos y res menes de los cap tulos al principio de cada uno de ellos que se suman al glosario de t rminos que tambi n incluye cada cap tulo A adir un segundo color ha contribuido a hacer el libro m s atractivo y manejable al ayudar a resaltar los conceptos m s importantes La cuarta edici n incluye dos nuevos cap tulos sobre Comunicaci n y relaci n terap utica y Perspectivas contempor neas en la pr ctica de fisioterapia m s un ap ndice adicional sobre Estrategia de auto manejo cambio en el cumplimiento y en la conducta Adem s los cap tulos existentes previamente se han ampliado con informaci n basada en la evidencia y de la pr ctica habitual incluyendo la referencia a la Clasificaci n Internacional de la Funci n la Incapacidad y la Salud los mecanismos del dolor los paradigmas biopsicosociales y los procesos de rehabilitaci n Estas novedades se a aden a las caracter sticas con que ya contaba la obra cl nicamente accesible patolog a cl nica con tratamientos que hacen que los trastornos queden claros valoraci n y tratamiento de los pacientes explicados con detalle inclusi n de casos cl nicos etc Incluye un CD ROM con v deos sobre c mo poner en pr ctica las t cnicas descritas en el texto que ayudan al lector a ver y aplicar de forma precisa aspectos de cada tcnica como posiciones de inicio localizaci n y aplicaci n de fuerzas Este texto cl sico ya en su cuarta edici n se ha convertido en una de las referencias b sicas para los terapeutas manuales El concepto de terapia manual de Maitland se ha establecido como uno de los m todos est ndar para las t cnicas de manipulaci n perif rica uno de los pilares de la fisioterapia manual moderna El texto se centra en los trastornos musculoesquel ticos de las extremidades relacionados con el movimiento Su prop sito es presentar t cnicas para todas las articulaciones perif ricas abordando las partes pertinentes de la exploraci n mediante movimiento pasivo y relacionar el m todo de aplicaci n de las t cnicas con los hallazgos de la exploraci n Esta nueva edici n ha sido revisada concienzudamente recogiendo los avances en la fisioterapia manipulativa Los dibujos han sido sustituidos por fotograf as que muestran las t cnicas lo que facilita enormemente su comprensi n Asimismo se ha reorganizado la estructura de la obra para que la informaci n se presente de manera m s accesible al lector incluy ndose cuadros esquem ticos y res menes de los cap tulos al principio de cada uno de ellos que se suman al glosario de t rminos que tambi n incluye cada cap tulo A adir un segundo color ha contribuido a hacer el libro m s atractivo y manejable al ayudar a resaltar los conceptos m s importantes La cuarta edici n incluye dos nuevos cap tulos sobre Comunicaci n y relaci n terap utica y Perspectivas contempor neas en la pr ctica de fisioterapia m s un ap ndice adicional sobre Estrategia de auto manejo cambio en el cumplimiento y en la conducta Adem s los cap tulos existentes previamente se han ampliado con informaci n basada en la evidencia y de la pr ctica habitual incluyendo la referencia a la Clasificaci n Internacional de la Funci n la Incapacidad y la Salud los mecanismos del dolor los paradigmas biopsicosociales y los procesos de rehabilitaci n Estas novedades se a aden a las caracter sticas con que ya

contaba la obra cl nicamente accesible patolog a cl nica con tratamientos que hacen que los trastornos queden claros valoraci n y tratamiento de los pacientes explicados con detalle inclusi n de casos cl nicos etc Incluye un CD ROM con v deos sobre c mo poner en pr ctica las t cnicas descritas en el texto que ayudan al lector a ver y aplicar de forma precisa aspectos de cada t cnica como posiciones de inicio localizaci n y aplicaci n de fuerzas Peripheral manipulation G. D. Maitland,1987

**Neuromusculoskeletal Examination and Assessment** Nicola J. Petty,Ann P. Moore,1997-12-31 This is a practical guide to the examination and assessment of the neuromusculoskeletal system which aims to enable the therapist to identify a client s problem before deciding on a treatment Because it focuses on these preliminary diagnostic processes it is a complementary text supporting books on the various treatment techniques themselves such as the available books by Leon Chaitow Gregory Grieve etc It brings together as one process the examination and assessment of all the structures involved joint nerve and muscle tissue and is designed for use by anyone requiring to identify and assess clinical problems in this area both student and clinician It is highly illustrated with clear step by step sequences of illustrations and text that are logical and easy to follow The co author Ann Moore is also co author of The Clinical Educator Role Development and co editor of the journal Manual Therapy She is probably the best known person in the manual therapy field in the UK and beyond Features Addresses a need common to all manual therapists Complements technique manuals by focusing on the preliminary diagnostic processes Helps therapists ensure that the chose **Bourdillon's Spinal Manipulation** Edward R. Isaacs,M. R. Bookhout,2002 The sixth edition of this classic text provides you with essential information on how to examine and treat patients with joint dysfunctions and muscle imbalances Building upon Dr Bourdillon s highly respected techniques to alleviate loss of mobility and musculoskeletal pain the authors have expanded the clinical material to include new diagnostic pearls and treatment options You will learn from step by step instructions making it easier for you to apply the manipulative techniques in practice Principles and Practice of Chiropractic, Third Edition Scott Haldeman,2005 The most comprehensive extensively illustrated book focusing on chiropractic principles diagnosis and treatment A Doody s Core Title for 2022 5 STAR DOODY S REVIEW This is the third edition of one of the chiropractic profession s most important and influential books It is a compendium of hard scientific knowledge about all aspects of chiropractic from the social and historical to the clinical and research oriented It is a significant expansion from the second edition which was published in 1992 quite some time ago It contains five major sections Introduction to Principles of Chiropractic Introduction to Chiropractic Theory Introduction to the Clinical Examination Introduction to Specific Treatment Methods and Introduction to Management of Specific Disorders The book exceeds all expectations the author had for it I consider this the most essential of all chiropractic texts one that all chiropractors should obtain Doody s Review Service Developed as the core textbook for the chiropractic student and as a professional reference this text presents theory philosophy and practice principles of chiropractic Covers both traditional and newer chiropractic techniques as well as the clinical exam and management of

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