

READER'S DIGEST
GUIDE TO MEDICAL CURES & TREATMENTS

DO YOU HAVE QUESTIONS ABOUT YOUR HEALTH?

Within these pages you'll find the answers, based on the most up-to-date information available.

What tests or procedures are necessary to make an accurate diagnosis of my condition?

What medical treatments are used for it today?

Are natural remedies or alternative therapies suitable for it?

What can I do to care for myself?

What should I ask my doctor in order to make informed decisions?

This A-to-Z sourcebook describes more than 450 diseases and conditions and how they are treated. It also includes case histories, as well as a directory of health associations and support groups, with phone numbers and addresses. An index lists the most widely used medications, with their effects and possible side effects. All these features make **GUIDE TO MEDICAL CURES & TREATMENTS** a one-of-a-kind reference book that you'll turn to again and again for advice on how to get better and stay well.

ISBN



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Mind Cures 1915

Emilie Sanchez



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