

“MEMORY WORK” AND RECOVERED MEMORIES OF CHILDHOOD SEXUAL ABUSE: Scientific Evidence and Public, Professional, and Personal Issues

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The authors review and critically evaluate scientific evidence regarding recovered memories of childhood sexual abuse and discuss the implications of this evidence for professional psychology, public policy, and the law. The discussion focuses primarily on abuse memories recovered through “memory work” by people who previously believed that they were not sexually abused as children. The authors argue that memory work can yield both veridical memories and illusory memories or false beliefs, and they discuss factors that could be used to weigh the credibility of allegations based on recovered memories. The article offers tentative recommendations regarding public education, training and certification of psychotherapists, guidelines for trauma-oriented psychotherapy, research initiatives, legislative actions, and legal proceedings.

The controversy about psychotherapeutic and self-help techniques used to help clients/readers remember hidden histories of childhood sexual abuse (CSA) is the issue at the intersection of psychology, public policy, and the law in the 1990s.¹ Debate centers on the questions of whether many clients are amnesic for histories of CSA and whether “memory work” (techniques used to recover suspected hidden histories of childhood traumas) can lead people who were not sexually abused as children to believe that they were. This topic bristles with complexities and is charged with political tensions and personal emotions. From any perspective, the stakes are high. Victim advocates understandably fear that charges of iatrogenic pseudomemories of CSA threaten therapists and undermine our society’s fledgling efforts to

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¹We use the term *hidden memories* rather than *repressed memories* because of the theoretical baggage encumbering the concept of repression (Ofshe & Watters, 1994; Singer, 1990). By *hidden memories* we mean to refer to autobiographical information in memory that is not consciously accessible but that might be retrieved given the appropriate cues and procedures. Also, although we focus on CSA, our discussion also applies to memories of other kinds of childhood traumata (excluding those involving brain injury).

Recovered Memories Of Child Sexual Abuse

Jin-Ying Zhang



Recovered Memories Of Child Sexual Abuse:

Reviewing **Recovered Memories Of Child Sexual Abuse**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Recovered Memories Of Child Sexual Abuse**," an enthralling opus penned by a highly acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

<https://staging.gilderlehrman.org/data/Resources/index.jsp/Night%20night%20Sleep%20Tight.pdf>

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