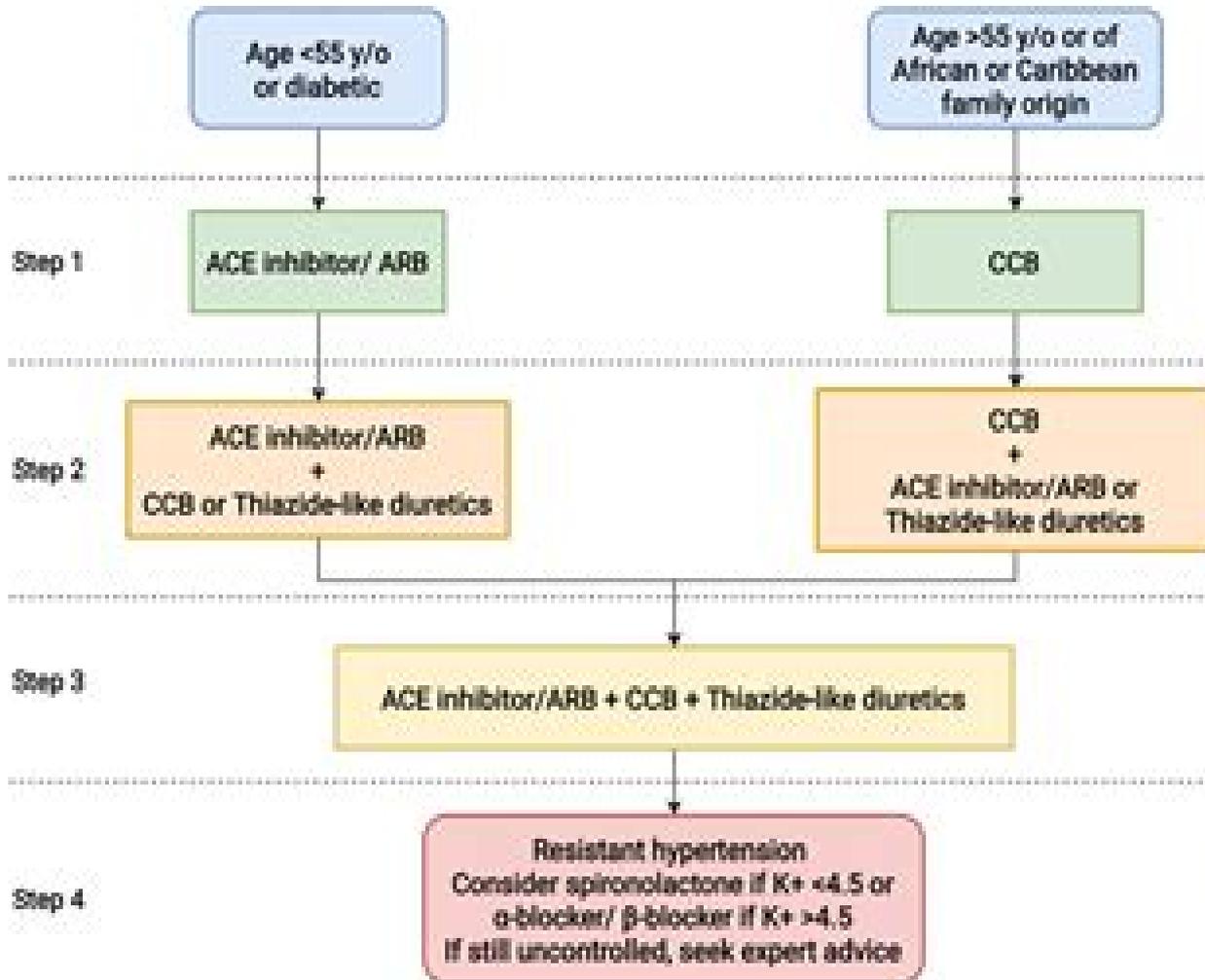


Treatment of Hypertension



Initiate drug treatment for:

- Stage 1 hypertension: <80 y/o and >1 of
 - Target organ damage
 - Diabetes Mellitus
 - Established CVD
 - Renal disease
 - 10-year CVD risk >10%
- All patients with Stage 2 hypertension

Legend:

ACE inhibitor - Angiotensin-converting enzyme inhibitor

ARB - Angiotensin receptor blocker

CCB - Calcium channel blocker

Target BP for non-diabetic/ no CKD patients

Age < 80:

- Clinic BP <140/90 mmHg
- ABPM/HBPM <135/85 mmHg

Age > 80:

- Clinic BP <150/90 mmHg
- ABPM/HBPM <145/85 mmHg

Management Of Hypertension

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Table of Contents Management Of Hypertension

1. Understanding the eBook Management Of Hypertension
 - The Rise of Digital Reading Management Of Hypertension
 - Advantages of eBooks Over Traditional Books
2. Identifying Management Of Hypertension
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Management Of Hypertension
 - User-Friendly Interface
4. Exploring eBook Recommendations from Management Of Hypertension
 - Personalized Recommendations
 - Management Of Hypertension User Reviews and Ratings
 - Management Of Hypertension and Bestseller Lists

5. Accessing Management Of Hypertension Free and Paid eBooks
 - Management Of Hypertension Public Domain eBooks
 - Management Of Hypertension eBook Subscription Services
 - Management Of Hypertension Budget-Friendly Options
6. Navigating Management Of Hypertension eBook Formats
 - ePub, PDF, MOBI, and More
 - Management Of Hypertension Compatibility with Devices
 - Management Of Hypertension Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Management Of Hypertension
 - Highlighting and Note-Taking Management Of Hypertension
 - Interactive Elements Management Of Hypertension
8. Staying Engaged with Management Of Hypertension
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Management Of Hypertension
9. Balancing eBooks and Physical Books Management Of Hypertension
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Management Of Hypertension
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Management Of Hypertension
 - Setting Reading Goals Management Of Hypertension
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Management Of Hypertension
 - Fact-Checking eBook Content of Management Of Hypertension
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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