

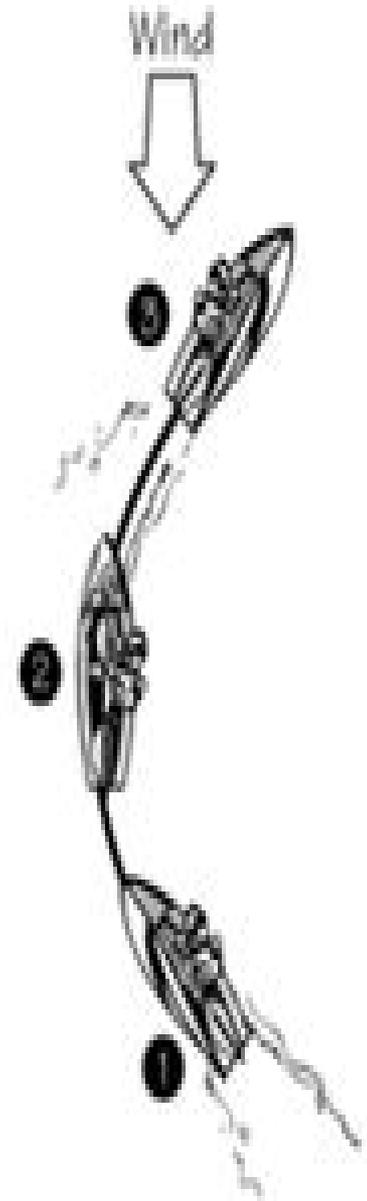
Jibing

1. Say "Ready to jibe" to alert your crew, and then say "jibing" as you begin turning the boat away from the wind.
2. Say "Boom coming across" as you pull the main over to the new side.
3. Let the main out on the new jibe, and trim the jib on the new leeward side.



Tacking

3. Trim the new jib sheet, and keep turning until your sails are full on the new tack.
2. Keep turning the boat as the sails begin to luff; release the jib sheet; the crew and skipper switch sides.
1. Say "Ready to tack" to alert your crew, and then say "tacking" as you start turning the boat into the wind.



Sailing From Jibs To Jibing

R Pring



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