



# Recettes Minceur

**RJ Shavelson**



## Recettes Minceur:

*Canadiana*, 1986      **Plaisirs de femmes, Chantal Thomass** Chantal Thomass, Musée de la mode, 2001      Livres hebdo, 2003      **French books in print, anglais** Electre, 2002      *Livres de France*, 2007-05      **Sociologie des pratiques d'entretien du corps** Yves Travaillot, 1998 Actuellement les magazines spécialisés et les livres concernant le domaine de la santé de la beauté et de la forme occupent une place de plus en plus importante dans les rayons des kiosques journaux et des librairies Les solutions telles que les régimes minceur et les exercices de gymnastique ne manquent pas pour répondre aux canons esthétiques et sanitaires véhiculés par les médias L'objectif de cet ouvrage est d'analyser l'évolution de l'attention portée au corps depuis 1960 Des filiformes mannequins des années soixante-dix aux stars aux formes avantageuses d'aujourd'hui en passant par les danseuses musclées par la robe du début de la dernière décennie quatre-vingt quels modèles d'excellence corporelle se sont succédés au cours de cette période Quels moyens ont privilégiés pour les atteindre Quelles relations peut-on établir entre ces modèles et les différentes valeurs véhiculées par la société Les étudiants en STAPS les enseignants d'éducation Physique les responsables du mouvement sportif et plus largement des organisations s'intéressant au corps trouveront dans ce livre des réponses quant à leurs interrogations sur l'évolution actuelle des rapports qu'entretiennent les Français avec leur corps Les consommatrices et consommateurs des innombrables produits visant directement l'entretien du corps les adeptes des salles de mise en forme ou des cours de gymnastique volontaire y verront l'occasion d'une réflexion sur cette perpétuelle et incessante quête de l'insaisissable qui est la recherche du corps parfait dans laquelle ils se sont lancés      Catwalk Sandra Morris, 1996 1996 The inside scoop on Kate Moss Naomi Campbell Cindy Crawford Claudia Schiffer and more

**Bibliographie du Québec**, 1993 Liste des publications québécoises ou relatives au Québec établie par la Bibliothèque nationale du Québec      Recettes et procédés, 1899      *Grande encyclopédie nationale et illustrée d'économie domestique : un million de recettes* Jules Troussot, 1877      Périodex, 1983      Un an de nouveautés, 1998      Le Défi alimentaire de la femme Louise Lambert-Lagacé, 1988      **Homnivre (L')** Claude Fischler, 1990-09 Claude Fischler interroge les racines de nos représentations de nos goûts et de nos désirs alimentaires Il décrit les mutations des modes de vie l'invasion de la diététique le souci croissant du corps et du poids les évolutions de la haute cuisine et montre que malgré l'abondance nous sommes sans doute plus menacés par la cacophonie diététique ambiante que par ce que contiennent nos assiettes Claude Fischler sociologue est chercheur au CNRS      Cuisine et vins de France, 2001      **Bibliographie nationale française**, 1994      *Bibliographie officielle*, 1984      **Bibliographie nationale française**, 1994      Repère, 2005      **Le Point**, 1993-09

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