

A photograph of a person with dark hair, wearing a light-colored shirt, covering their face with both hands. The person's eyes and nose are hidden behind their fingers, conveying a sense of distress, shame, or guilt. The background is a plain, light color.

**THE ROLE OF SHAME  
AND GUILT IN ADDICTION  
AND RECOVERY**

# Recovery From Shame

**C Cleary**



## **Recovery From Shame:**

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