

THE FIVE STEP MANIFESTATION PROCESS

Step 1. Get clear on your desire

What do you actually want? Get specific. What feelings do you believe you will feel once you receive your desire?

Step 3. Embody the version of yourself who already has the desire

Be the person now who already has your desire and already feels the feelings of having the desire. By embodying that version your desire can't help but manifest.

Step 2. Upgrade your mind

Get rid of everything standing in your way and everything that says you can't have your desire. Crush the limiting beliefs and negative thoughts with new empowering beliefs.

Step 4. Take inspired action

You will find yourself receiving intuitive nudges of actions to take. Trust your intuition and follow those sweet nudges. Take the action that feels good in the moment.

Step 5. Surrender to your desire

Believe that the Universe knows exactly what you desire and it will show up in your physical reality in divine timing. Get ready to receive your desire by letting go of any expectations for when, where and how it will show up.

Manifestation Process

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