

Clear information and support to help Sjögren's sufferers
get the best out of life

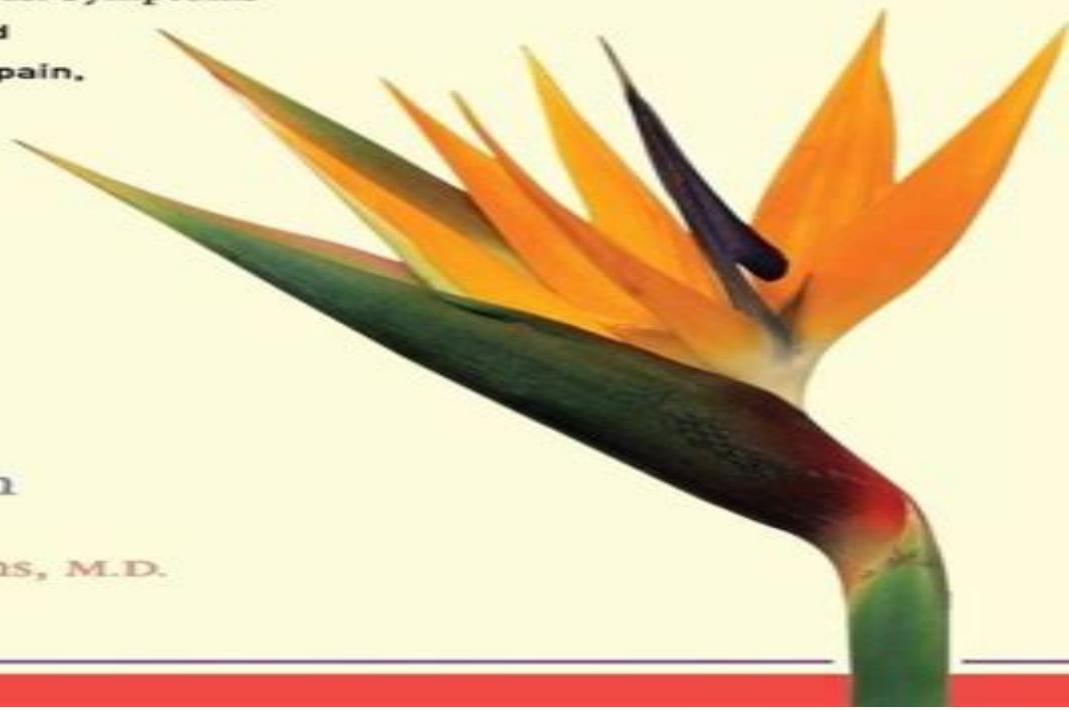
Positive Options for Sjögren's Syndrome

Self-Help and Treatment

In Sjögren's (show-grins) syndrome the body's immune system attacks its own moisture-producing glands. Symptoms include very dry eyes and mouth, joint and muscle pain, fatigue and depression. Read this book to know your treatment options, their benefits and side effects.

Sue Dyson

Foreword by
Ian Griffiths, M.D.



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Ying Liu



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